

An illustration of a group of people in a swimming pool, performing various water exercises. They are using blue and red dumbbells, resistance bands, and blue foam rollers. The background is a blue grid pattern with bubbles. The text is overlaid on the illustration.

LA SEANCE : 18€

5 SEANCES : 80€

10 SEANCES : 150€

AQUA TRAINING

LUNDI 12H15 - 13H00

RENSEIGNEMENTS ET INSCRIPTIONS : LAURIE 06.16.24.48.10.